# **PUBLICATIONS**





# Non-invasive Real-time Chemoresistance Profiling of Circulating Tumor Associated Cells in Head and Neck Cancers.

#### Authors

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# **ABSTRACT**

#### **Background**

Standard of Care (SoC) systemic treatment approaches for SCCHN include taxanes (paclitaxel, docetaxel), platins (cisplatin, carboplatin) and antimetabolites (5-fluorouracil, methotrexate, gemcitabine). However innate and acquired resistance to these agents are frequently encountered in SCCHN and are largely undetected until disease progression. There are presently no means for real-time chemoresistance monitoring in SCCHN. We describe chemoresistance profiling (CRP) in SCCHN using peripheral blood Circulating-Tumor Associated Cells (C-TACs), which are EpCAM+, panCK+ and CD45 cells of tumorigenic origin.

# Method

Peripheral blood was collected from 252 SCCHN patients, among whom 156 were therapy naïve and 96 were pretreated. C-TACs were enriched and harvested from Peripheral blood mononuclear cells (PBMCs) using an epigenetically activating media that is cytotoxic towards normal (non-tumorigenic) cells but confers survival privilege on apoptosis resistant C-TACs (of tumorigenic origin). C-TACs were confirmed by immune-fluorescent (IF) staining for EpCAM, pan-CK and CD45. C-TACs were treated in vitro with anticancer agents used in SCCHN and the surviving fraction estimated to determine resistance.

### **Results**

Innate chemoresistance was observed in 40.7 % of therapy naïve patients' samples, which included resistance towards platins in 44.2% cases, taxanes in 37.7% cases and antimetabolites in 40.9% cases. Acquired chemoresistance was observed in 91.1% pretreated patients' samples, which included resistance towards platins in 90.5% cases, taxanes in 90.5% cases and antimetabolites in 93.8% cases.

# Conclusion

Chemoresistance profiling (CRP) of C-TACs is a viable strategy to determine innate and acquired chemoresistance in SCCHN. Higher chemoresistance in C-TACs from pretreated patients, as compared to C-TACs from therapy naïve patients indicates that C-TACs are resistance-educated by previous treatments.